



Quick Crunchy Cucumber+Carrot Salad

(inspiration from: <https://cookieandkate.com/best-cucumber-salad-recipe/>)

Ingredients

- 2 Medium English Cucumbers
- 2 Sliced Carrots
- 3 Tablespoons Extra-Virgin Olive Oil
- 2 Tablespoons Balsamic Vinegar
- 2 Minced Garlic Cloves
- 1 Diced Avocado
- Kosher Salt and Ground Black Pepper

Instructions

1. In a mixing bowl thoroughly mix the olive oil, balsamic vinegar, and garlic, adding salt and pepper upon completion.
2. Add the diced avocado, carrots, and cucumbers to the bowl and toss it until it is evenly coated.